

## Durg Police busts job fraud gang; four held

## Police and administrative officers conduct flag march

Divisional Commissioner, IGP, Collector and SP march on streets in Durg

Dalli-Rajhara Mines gets two
new BEMLShovels \& a Drill Machine

Training organised for Election Expenditure Monitoring teams

该* $*$ [18 a * 7

Lost Rs 15000 in cash
and jewelleries
Raipur, Apr 07:
There was a case of lifting
in an inter-state bus serv-
ice and in this the role of
bus driver and conductor
seems to be suspicious.
These lifters loot the pas-
sengers of their purses,
suitcase, trolley bag and
other items.
Today on Sunday a
woman from Amrawati to
Raipur fell victim of this
lifting. Neha Jagmalani
was
Amavelling from
Amrawatit to Raipur along
with her son in Payal
Travel's bus and was com-
ing to her father's house in
Raipur. After boarding in
Amrawati, she fell asleep
and in the morning when
she woke up from sleep,
she found her purse to be
lighter. When she checked
the purse, cash of Rs 15000
and jewelleries were found



## Durg district takes centre stage ahead of Lok Sabha polls

## Youth nabbed in rape and blackmailing incident




Raipur, Apr 07: Durg dis-
trict, a bustling metropolis which plased a key rople in
nomic activity, attracting

Tamradhwaj Sahu was
the home minister in the previous Congress government in Chhattisgarh and
lost the assembly polls from Durg Rural seat.
Similarly, BJP candidates Similarly, BJP candidates
Vijay Baghel from Durg Lok Sabha seat and Saroj
Pandey from Korba seat are Pandey from Korba seat are

## Vijay Baghel is the sitting MP from Durg, which

 Pandey earlier representedleagues Tamradhwaj Sahu elected from different as sembly constituencies of
the same district he said Durg is also a revenue d
vision comprising seven
districts
upcoming Lok Sabha polls upcoming Lok Sabha polls
shows the district's crucial
role in the state politics, Das


Prof DN DN
renowned
froma, a
educationist renowned educationist
from Bhilai, said, "Durg dis.
trict has ben trict has been onalilitically sis.
nificant for nificant for a long time.
Motilal Vora from the dis Motilal Vora from the dis-
trict had served as chief trict had served as chief
minister of undivided
Madhya Pradesh and goverMadhya Pradesh and gove of the best things is that
Durg has never seen com-
munal violence as leaders munal violence as leaders from the district never did
politics on communal lines,
Sharma said. The upcomSharma said. The upcom-
ing Lok Sabha polls have
once again brought Durg to centre stage in the state pol-
itics as the two main parties
have shown faith in leaders have shown faith in leaders
from the district in the se-
lection of candidates, he

Why reservation of tribals is confined in

## Raj Bhavan? Congress

| Raipur, Apr |  |
| :---: | :---: |
| Questioning Prime | ing revenge from the tribal |
| Minister Narendra Modi's | community?', Baij said in |
| visit to Bastar, Pradesh | his statement. |
| Congress Committee | Baij said that during the |
| (PCC) President Deepak | assembly elections, Modi |
| Baij asked as to why 32 | had told the people of |
| percent reservation of | Bastar that Nagarnar |
| tribal community had | Steel Plant will not be dis- |
| been confined by BJP in | invested. Why is Nagarnar |
| Raj Bhavan for 15 months. | included among the insti- |
| The previous Congress | tutions to be disinvested |
| government had got the | on DIPAM's website till |
| Reservation Amendment | date?; he asked and said |
| Bill unanimously passed | that this revealed the il |
| by the Assembly and sent | tentions of BJP. Congress |
| it to the Raj Bhavan, why | will not allow the rights of |
| is the Raj Bhavan not sign- | ribals of Bastar to be |
| ing it? The Governor | sold, he said. After the for- |
| changed but the signature | mation of Congress gov- |
| was not done. Raj Bhavan | ment at the Centre, the |
| works as per the intention | process of selling the |
| of the Central | Nagarnar plant will be |
| Government, why is the | stopped, he said, adding |
| reservation for the entire | that after the formation of |
| community of | the Congress government |
|  | at the Centre, Raj Bhavan |
| tribal community is | will be asked to sign the |
| fering the most loss due | Reservation Amendment |
|  |  |

Polling parties tested to make election work efficient

## Raipur, Apr 07: In order to conduct the upcoming Lok Sabha elections 2024 in a

 better manner, a test was conducted after training ofthe polling parties engaged in election work in the district on the initiative of Collector Dr Gaurav Singh. engaged in election work can efficiently conduct the elections. The test was conducted in the training session of polling parties start-
ing from April 6 in NIT ing from Aprill 6 in NIT and Pt
Ravi Shankar Shukla Ravi Shankar Shukla
University. The test was conducted after the training of
former sector officer and master trainer.
The trainees had to answer 25 questions in test
and each question carries 2 marks. For this, 10 sets of pared and QR codes were generated. MCQ exams were
conducted through Google Forms. IT Nodal Officer and
Additional Collector Uijwal Additional Coliector Ujijwal team have special contribu-

## CSPDCL forms high level committee to investigate fire incident

- In transformer warehouse ■ To submit report within a week


Congress complains to EC on BJP's cartoon post


Shailesh says BJP
people are spreading
hatred against

## Bhupesh Baghel

Joint meeting of Bemetara,
Navagarh organized by BJP IT Cell

| At BJP central election office in Bemetara LS office |
| :---: |
| +6***T30x+ |
| In the said meeting |
| ision in-charge Pr |
| gh, division co |
| cell Rakesh Sahu, L |
| IT cell |
| run Par |
| arshvardhan T |
| media in-charge |
| jeev Tiwari dis |
| cell |
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| and assemb |
| fficials |



Students aspiring to join the Armed Forces need proper guidance : Maj. Singh


|  |  |
| :---: | :---: |
| ce disciplined and moti- | gap, we initiated the |
| ed individuals ready | program providing both |
| nation with |  |
| ide | ance to defense aspirants. |
| Reporter: It's eviden | Our team of retired offi- |
| at your school is maki | from the Army, Navy, |
| a significant contribution | and Airforce, including |
| preparing the future de- | Major General Sanjay |
| nders of our country. I've | Sharma (Retd.), Brigadier |
| ard that there's a partic | Ashish Das (Retd.), Capt |
| ular focus on candidat | (In) Alok Mishra, Group |
| from Chhattisgarh. Can | Captain Satish Mishra |
| you tell us more about | (Retd.), and Major |
| this? | Chakradhar Raut (Retd.), |
| Major Pravin Singh | aims to groom and train |
| Retd): Absolutely. In | students, bridging this |
| Chhattisgarh, there has | awareness and guidance |
| a a lack of awareness | gap. |
| proper guidance for | Reporter: That's |
| udents aspiring to join | noble initiative, Major |
|  | Pravin Singh. How do you |
| Despite having i | plan to provide this guid- |
| mense potential, there are | ance to students |
| ny volunteers | Chhattisgarh? |


dedicated and disciplined
officer in the Armed
Forces and we are con-
ducting free seminars and
webinars with all releve-
nat basic information
about how to prepare for
NDA and SSB in various
cities of Chhattisgarh
starting from 31 March
2024 after the board exami-
nation. The cities covered
will be Raipur, Durg,
Bhilai, Jagadlapur,
Rajnanadgaon, Korba,
Raigarh and Surajpur.
Reporter: Thank you,
Major Pravin Singh, for
sharing valuable insights
into your endeavors and
the impact they are mak-
ing. We wish you contin-
ued success in your mis-
sion to shape the future de-
fenders of our nation.

# PM's guarantee is 24-carat pure gold: Rajnath Singh 



## K J Patel of IFFCO awarded Shri Jagannath Seva Sanman award



## 





IIT JEE top performers 'Kerala hotbed for anti-national forces'




Thiruvananthapuram, Thiruvananthapuram,
Apr 07 (PTI): Kerala has
become a "hotbed for anti-


Fadnavis, who was in
the state capital as part of
the BJP's Lok Sabha poll campaign, said that Kerala ought to have been at the
forefront and leading the
technological and new eco-
nomic revolution of the
country.
But, the state was going But, the state was going
backwards and not for-
wards, despite its high literacy rate and "wonderful
talent", due to the LDF
and UDF"s "similar agenand UDF"s "similar agen pression", he alleged.
He further alleged that

ments are shielding the Commission is proactiv
anti-national forces".
"That is sumy
all such attempts woul $\begin{aligned} & \text { That is why I feel that } \\ & \text { it is high time that Kerala } \\ & \text { should come into the }\end{aligned} \begin{aligned} & \text { be } \\ & \text { replied. } \\ & \text { Regarding }\end{aligned}$ mainstream," Fadnavis about the recent telecast
 $\begin{array}{ll}\text { blast that claimed a life } \\ \text { and injured three others - } & \begin{array}{l}\text { said that once a movie is } \\ \text { cleared for public view }\end{array}\end{array}$ and injured three others - cleared for public view

Mehbooba against Ghulam Nabi in Anantnag Awareness about air pollution-related
terminologies low among urban poor

$\qquad$
dates for 3 Valley
seats
*

Agnikul puts off for third time launch of Agnibaan sub-orbital rocket


$\qquad$

| 絾 | slums, and formal middle- |
| :---: | :---: |
| Awareness about air pol- | ess of air pollu- |
| lution-related terminolo- tion-related terminology gies such as air quality |  |
| index and particulate mat- | NEW STJDY |
|  |  |
| among the urban poor in | was significantly lower |
| Delhi-NCR, according to a | among the urban poor. |
| survey. | Only 10 per cent of people |
| The study conducted | were a |
| from December 2023 to | tion terms like AQI (air |
| nuary 2024 covered 500 |  |
| d | e 71 per cent of mid- |
| tional Capital Region | 俍t |
| (NCR) cities of Noida, | aware," the survey "Saat |
| Ghaziabad, Faridabad and | Saans" conducted by NGO |
| Gurugram. For the survey, | Chintan Environmental |
| they were divided into two | Research and Action |
| groups -- residents of in | Group said. |

particles that have a diameter less than 2.5 microme$\begin{array}{ll}\text { ters, more than } 100 \text { times } & \text { and } 26 \text { per cent of middle- } \\ \text { thinner respondents, the sur- }\end{array}$ vey said. "Middle-class re-

spondents used air puri ed in the air for longer du- fiers and indoor plants | risks as they can enter | $\begin{array}{l}\text { measures to reduce expo- } \\ \text { sure to air pollution, while } \\ \text { into the respiratory tract. } \\ \text { the urban poor depended }\end{array}$ |
| :--- | :--- | $\begin{aligned} & \text { The study's findings also } \\ & \text { ighlighted that } 33 \text { per }\end{aligned} \quad \begin{aligned} & \text { on face masks and } \\ & \text { creased water intake," }\end{aligned}$ cent of urban poor respon creased water intak dents perceived vehicles as lution, 27 per cent conper cent stubble burning.

Social media was found Social media was found
to be the most reliable
cial media and enforcing
stricter stricter regulations and construction viola- ures could check air pollu-
tion the respondents said,


| -AUCTION NOTLEE |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| PUBLIC NOTICE FOR SALE THROUGH E-AUCTION UNDER THE SECURITISATION AND RECONSTRUCTION OF FINANCIAL ASSETS AND ENFORCEMENT OF SECURITY INTEREST ACT (SARFAESI ACT) 2002, READ WITH PROVISO RULE \&(6) \& 9 OF SECURITY INTEREST (ENFORCEMENT) RULES 2002. |  |  |  |  |  |  |  |  |  |  |
| The undersigned as aufhorised officer of Jana Small Finance Bank Limited has taken possession of the following property in exercise of powers conferred under section $13 / 4$ ) of the SARFAESI ACT. The Borrower in pariculiar and public at large are informed that online auction (e-auction) of the mpirtgage property in the below mentioned accounf for realaston of dues af the Bank will be held on "AS IS WHERE IS BASIS" and "AS IS WHAT IS BASIS" on the date as prescitibed as hete under. |  |  |  |  |  |  |  |  |  |  |
|  | Loan Account | $\begin{array}{\|c\|} \hline \text { Name of Original } \\ \text { Borrowerl } \\ \text { Co-Borrowed/ Guarantor } \end{array}$ | Date of 13-2 Notice | $\begin{gathered} \text { Date } \\ \text { Possess } \end{gathered}$ | Present Outstandin |  | Reserve Pri | $\left\|\begin{array}{c} \text { Earnest LOney } \\ \text { Deposit (EMD) } \end{array}\right\|$ | $\begin{aligned} & \text { Date and Time } \\ & \text { E-Auction } \end{aligned}$ | Last Date, Time 8 Place for Submission of Bid |
|  | S942000 |  | 3.08 .2023 | 14.12 .2023 | TRupges Eight Lash Onie Thousand Sut Hindred Thity Six and Two Pasise Cony) as of 03.04 .2024 | 13.04 .20 09.00 Al to 05.30 P |  | (Rupees One Cakit Thity One Thousand Onty' | $\begin{gathered} 25.04 .20 \\ \text { e } 11.00 \\ \text { to } \\ 02.00 \mathrm{p} \end{gathered}$ | 24.04.2024, before 00.00 PM Jana Small Finarce Bank Limited, Krishna Complex, Opp. Aurobind Netralaya, Main Road, Sadar Bazat, Raipur-492001 |
|  <br>  and South by: Colony Road. |  |  |  |  |  |  |  |  |  |  |
|  <br>  <br>  <br>  <br>  <br>  expentes belore the date of auction, failigo which the procenty will be sold and balacce dues if any will be recowered whin interest and cost |  |  |  |  |  |  |  |  |  |  |
| Date: 0.04.2024, Place: Raipur |  |  |  |  |  |  |  |  |  |  | <br> \section*{Police officers <br> \section*{Police officers trained and honoured trained and honoured for excellence} for excellence}

 meticulously examined,
leaving 23,183 copies pend-
ing evaluation. The dead-
line for completing the
evaluation of board exam-
ination copies is set for
Aprill 14th.
56,427 copies out of a
total of 68,951 copies re--
ceived for the 10th Board
have been evaluated, while
30,266 copies out of 40,645
received for the 12th Board
have undergone assess-
ment. However, there are
still 12,524 copies of class
10th and 10,659 copies of
class 12th awaiting evalua-
tion.
A dedicated team of 340
teachers is diligently pro-
viding their services in
this crucial task. Among
them, 184 evaluators are
focusing on assessing pa-
pers for the 10 th board,
while 156 evaluators are
dedicated to the evalua-


BJP foundation day celebrations reverberate across divisions


## Bhakta Mata Karma is revered for the entire society: Sahu

 guests by lighting the lamp and performing the Aarti of devotee
Mata Karma. MLA Deepesh Sahu participated as the chief
guest in the program. Along huns, the office beares of Nagar Sahu Samaj were present. On this occasion a colourful sented by small children. Bemetara MLA Deepesh chief guest in the Bhakta Mata
Karma Jayanti program, said

## Motivational speech on

| - At Allons Public |
| :--- |
| School |

$\qquad$

are stored, bothemories short scious mind. It's where


Kurud area unites in Holi celebration meeting Oaintaning ceremony marks new eadersho


Kurud

$\begin{array}{ll}\text { presentations, officers } & \text { ties. These officers were } \\ \text { gained a thorough under- } \\ \text { standing of the nuances of } & \text { of appred with certificates } \\ \text { spation, acknowl- }\end{array}$ $\begin{array}{ll}\text { standing of the nuances of } & \text { of appreciation, acknowl- } \\ \text { the new laws and the im- } & \text { edging their outstanding } \\ \text { portance of VIP security } & \text { contributions to law en- } \\ \text { forcement. Specifically, of- }\end{array}$ $\begin{array}{lll}\text { measures. } & \text { forcement. Specifically, of- } \\ \text { In recognition of exem- } & \text { ficers were commended }\end{array}$ $\begin{aligned} \begin{array}{l}\text { In recognition of exem- } \\ \text { performance, }\end{array} & \begin{array}{l}\text { ficers were commended } \\ \text { plary } \\ \text { plair their prompt execution }\end{array} \\ \text { Superintendent of Police } & \text { of warrants and their in- }\end{aligned}$ $\begin{array}{ll}\text { plary performance, } & \text { for their prompt execution } \\ \text { Superintendent of Police } & \text { of warrants and their in- } \\ \text { Siddharth Tiwari felicitat- } & \text { strumental role in the in }\end{array}$ $\begin{array}{ll}\text { ed police station in- } & \text { stallation of new CCTV } \\ \text { charges who demonstrat- } & \begin{array}{l}\text { cameras, enhancing sur- } \\ \text { ed exceptional dedication }\end{array} \\ \text { veillance capabilities with }\end{array}$


## Police arrest 11 gamblers, assets seized



WORLD

## Imran refrains from denotifying Bajwa despite betrayal



UNESCAP report projects widening tax gap in Pakistan


Relatives light a candle for a young woman killed in a cross-border attack by Hamas that killed or kidnapped Relatives light a candle for a young woman killed in a cross-border attack by Hamas that killed or kidnapped
hundreds of revelers at the Nova music festival, cat the site in Re'im, southern Israel, Sunday, April 7, on the hundreds of revelers at the Nova music festival, cat
sixth month anniversary of the Oct. 7, 2023 attack.

in the background, in Paris, Sunday, April 7.

Pakistan set to repay USD UNGA President praises India's 1 billion against Eurobond digitalization advancements

Some of his party leaders in touch Cricket tourism and hospitality takes off in the US
with establishment: Imran Khan

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| 's j | of being in |  |  |
| Tas | government in |  |  |
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| leaders are in contact |  |  |  |
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| dia | leaders in the PTI "are | Khan said his spouse | to |
| one amidst the crack |  |  |  |
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|  | However, he did not | ded that |  |
| after the hearing of the Al-Qadir Trust corrup- | $\underset{\substack{\text { orate. } \\ \text { He a also claimed that }}}{\text { a }}$ |  |  |
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| anyone for |  | tary He claimed that the | , |
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©

## Chironicle

Heat Crisis

## Protecting Our Outdoor Labor Force


 ture：above－normal temperatures are poised to engulf vast swathes of our country．Particularly vulnerable harshest impact of this impending heatwave．In the
face of this imminent danger，researchers advocate Flexibility in work hours and mandatory breaks cope with the sweltering conditions exacerbated by gravity of the situation．Working in such conditions fational studies res nate with alarming clarity．With each degree of daunting prospect of reduced productivity and com－
promised health．The tropics，home to a substantial precipice of a perilous future．The ramifications ex
tend beyond productivity，transcending into matters of public health．A poignant study conducted in ened risk of miscarriages and adverse birth out－
comes underscores the urgent need for intervention．
Empowerment and awareness emerge as potent tools safeguarding the well－being of our outdoor labor deeply－we must equip our workers with the knowl
edge and agency to navigate these treacherous condi among outdoor women workers strikes a chord
Primary healthcare centers，pivotal in their role
must spearhead initiatives to educate and protec these vulnerable individuals．Inaction is not an op
tion．The time for decisive action is now unite in a concerted effort to shield our outdoor
workforce from the impending heat crisis．It is no collective commitment to human dignity and well－ resolve．The heat may be relentless，but our determi－
nation to safeguard our workers must be unwaver
ng．Together，let us forge a future where no worker is

## Manifesto Realism



I n the e cacophony of elec．
 neath the veneer of lofty ideals lies the harsh reality of
deliverability－a realm ter．Reflecting on past elec－
tions，it becomes evident that manifestos often serve as po－
han pragmatic roadmaps．The BJP＇s 2014 campaign，marked by the was later dis－
lakh rupees to every citizen＂promise，was
missed as mere electoral rhetoric by party leaders． farmers＇income was deemed unattainable when
challenged in court．Now，as the Congress unveils its farmer welfare，and employment，skepticism lingers power the youth is commendable，historical prece－
dent casts doubt on the feasibility of such pledges．
The Congress＇s pledge to conduct a national caste ensus and implement sweeping agrarian reforms promise and action raises legitimate concerns record in fulfilling，similiar commithents during its
tenure．Moreover，the Congress＇s internal strife add another layer of uncertainty．As defections plague cohesion and implement its agenda effectively．A
manifesto loses its potency when the very party pre senting it grapples with internal discord．Amidst While manifestos serve as a barometer of a party＇s
sion，voters scrutinize their realism．Promises of cism，given their recurrent inclusion in past man
festos with little substantive follow－through Congress＇s proposals for job creation，educational re ment to addressing pressing issues．Yet，the part
must bridge the gap between rhetoric and action to
earn the electorate＇s trust．In essence，manifesto offer a glimpse into a party＇s aspirations．But it is the bility．As the electorate navigates through the sea of promises，they seek not just grand ideas，but tangible
results．Only then can manifestos transcend political
theater and become blueprints for meaningful lengh．In addition，we welcome eletters to the editor for this page．While etetters may be edited for clarity，we aim to preserve the integrity of the original message，
and ask that they be kept to around $50-60$ words．Submissions can be sent via


Women riders during a bicycle rally on the World Health Day，in Bhopal，Sunday，April 7
Insider－outsider debate is unwarranted

|  | R．K．SINHA | where or contest elections from anywhere．George Fernandes， after Kriplani ，is another exam－ ple．He hailed from the South， joined labour movement in his second home．Biharis too did not consider him an outsider and treated him like their own．He Maithili，two local dialects with ease．The people of Bihar sent George to the Lok Sabha several times from Muzaffarur，Bihar．He | 1973，Limaye won the from Banka in Bihar． Insider，outsider issue was， fortunately，not raised in other countries like Mauritius， Trinidad，Guyana，Kenya，Fiji，and Britain．In the caribbean country Guyana，Cheddi Jagan of Indian origin had become President in the 60s．After that，Indians like Shivsagar Ram Gulam （Mauritius），Navin Ram Gulam （Mauritius）， |
| :---: | :---: | :---: | :---: |
|  | urprisingly，this question w | won the Lok Sabha elections from Mumbai as well． | （Trinidad），S．Ramanathan （Singapore），Rishi Sunak |
|  |  | The country has hardly seen a | （Britain），Kamala |
|  |  | bour leader like Geor | （America）have become Prime |
|  | ， | ple man with casual look－－ | Minister，Vice President and |
|  | Delhi | hevelled hair，unironed dre | President of different countrie |
| focus has shifted to corruption | ．He was en | kurta－pyjama）and ordinary | Recently，an Indian citizen， |
| and role of central agencies like | Delhi Gandhi．Nair had played an | appal．But as a speaker he was | Tharman Shanmugaratnam，was |
|  | important role in establishment | sharp and logical．He used to al－ | nt of |
|  | of the Delhi |  | to |
|  | Authority（DDA）．He had also | prepared for a debate in the | ，relig |
|  | won the Lok Sabha elections held | House．A man of international |  |
| upcoming Lok Sabha election． | 1957．The same Congress | anding，he had given toug | have members in parliament |
| e tempo is rising day by day． | which had given ticket to Nair | time to treasury benches．The | from Africa to Europe and |
|  |  |  | America and New Zealand．This |
|  |  |  |  |
| ency is an insider or outsider． | longed to a Bengali family，its | after another with ease． | gone to far off countries in |
|  | New | 1962 as | mployment are now |
|  |  |  |  |
| ， | b | Sabha．He was from Pune．There | tries．The list of MPs outside is |
| ntry love to create contro－ | state of the country， | have been many other such | long．To mention a few，Meva |
|  |  |  | Ramgovind（South Africa） |
| such baseless debates． | was a famous freedom fighter | in the Lok Sabha．Limaye＇s child | Parminder Singh Marwah |
| It may be recalled that severa | Acharya Kripalani who was an | hood was spent in Maharashtra | （Uganda）and Sonia Virdi |
| me chief minister of Gujarat and | MP from Bhagalpur and late | He completed his educatio | （Kenya）．Sonia，in fact，is the first |
| 14 Lok Sabha candidate | from Sitamarhi in Bihar．He was | e chose Bihar | Asia－origin woman MP in Kenya． |
| ndra Modi was also called | a Sindhi．Shri．S．M．Banerjee was | elections．For the first | anada which has many mi－ |
|  | a |  | na |
|  |  |  |  |
| mn to them．Similarly，a con－ | migrated from Bengal to Kanpur | 1962．In 1964，the Socialist Party | igin．Therefore，the only lesson |
| versy was created when |  | Praja Socialist | is stop insider－ |
| tley had contested fro |  | merged and the United So | We win |
| sar in 2014．The Cong | 硣／outsider question | Party was formed．Madhu |  |
| d raised this bogey even at that |  |  |  |

## LETTERS

## Saffron Washing

 MachineThe zealous claim of BJP
hat it wants to＂remove corrupt
people from public life＂is is deed $100 \%$ correct．Among the ＂corrupt＂parties）who have
chosen to cross over to the BJP， as many as 23 have managed to cases against them either
closed or put in the＂old stor－
age＂．It proves that BJP is noth－ washing machine＂which can to absolutely＂pristine white＂． cial detergent＂helping public life get rid of all stain of
ruption．
Kajal Chatterjee，We Medical Milestone dvancement，Richard Slayman， d from a genetically modified pig at Massachusetts General
Hospital．Just two weeks after charged，marking a significant hope to
awaiting triella，the medical director，and mendation．The possibility of harvesting multiple organs Slayman＇s bravery inspires，po－ This achievement in xenotrans plantation highlights the re While hoping for widespread ac nize such achievements amidst skepticism．It＇s a stark contrast dvancements，reaffirming the
rogress．
Bidyut Kumar Chatterjee Media in Turmoil Since the rise of AI－driven in
ernet，the fourth estate，syn onymous with media and jour Firstly，there＇s a significant de－ content consumption surges， nue．Secondly，advertising in like Google and Facebook domi－ nate the ad market．Lastly，AI a nalists，reducing their numbers ive reporting．However，there＇ Internet giants should pay for news content，and global bodies dress tech companies＇respons bility．Failure to resolve thes tate＇s crucial role in upholding democratic values．

Arka Goswami，
Durgapur，West Benga

## Wake up to Trauma to Beat Depression



## ＊＊＊細 沶家

B efore we plunge into the nvisible of depression， an invisible psychological millions of lives across countries， let us first understand lucidly
what trauma is．Basically，trauma s a psychological wound or injury caused by the fear of harm and threats or by the actual harm that occurred to us－physically，men－ tally，emotionally，or sexually． similar to the physical ailments tem of an individual＇s body，there are a variety of mental ailments，
disorders，and conditions that do
deactivate，to say deactivate，to say metaphorical－
ly，the marows of life，such a
the Iy，the marrows of life，such as
the urge to recreate，the passion
to achieve the set gaols，the en the urge to recreate，hie passion
to achive the set goals，hte en－
deavors to undertake any sort of responsibility，the involvement in social gatherings，and so on－In
such critical situations，nothing such critical situations，nothing
but pessimistic thoughts dawn and compel the traumatized per son to dissociate from every－
thing，including life．Thus，the thing，including ilie．Thus，the
prolonged condititon of staving in a state of brooding and bereft of ture out into what we call a nor mal＇life defines the acute state of depression．
Nevertheless，what problema－
tizes our lives is our unknowability tizes our lives is our unknowability
of those traumatic experiences． of those traumatic experiences，
We fail drastically to make sense of them，and as a result，we find ourselves struggling seamlessly into a dark loop of depression． There is a distinguished theory in
the discourse of traumatology the discourse of traumatology
and emotional wellbeing called Name it to Tame It，a theoretical proposition introduced by Dr．
Daniel Siegel．The theory implies Daniel Siegel．The theory implies
a technique to cope with any trau－ a technique to cope with any trau－
matic situation in our daily lives matic situation in our daily lives know，understand，and name the specific kind of emotion，existen－

## ment，it will not holl us tam ail

 ment，it will not help us tame it propery．Here，taming means the emotions and thoughts that push us into the vortex of vexation，in－ decision，and ultimately，inaction， so that we can control them in thebest possible ways． best possible ways．
with trauma before elanding on the darkest teritory of depression is to develop a tuning with aesthetic vocations on a personal level．How loes it help in the abatement of traumatic thoughts？As soon either physically or mentally，that accident immediately creates an energy field of negativity around us．This negative energy called
trauma terminates all our endeay－ ors of amusement．Therefore what we have to understand is that we need to cling to our aes－ hetic habits at any cost by deacti－ emerging from the unpleasant memgry of the accident．We have to be vigilant of the fact that any traumatic experience is devastat－ ing our psychic balance，simply by snatching away the marrows of selves by means of embracing tent to cope with trauma．

Dr．Shoma Morita＇s Japanese
psychotherapy，known as Morita psychotherapy，known as Morita
Therapy，has successfully treated a variety of mental disorders and challenges．In this therapy，we have to calm ourselves down and then try our best to cognize the luctuations of our thoughts and can re－ground our behaviors in re ality．According to the structura aspect of the therapy，there are four stages：intensive repose，light
monotonous activities，meaningful monotonous activities，meaningful
activities，and social reintegration．
Through these stages，we can tell Through these stages，we can tell will not change the way we wish rather，we can accept the befallen situations in order to return to the track of normalcy cognitiv A change in our perspective living does assuage the intensity of traumatic experiences and pre vent us from falling into the pit of depression．For instance，it is a
certain fact that life is not a bed of roses，nor is it full of thorns only The philosophy behind healing and getting rid of trauma is that we have to acknowledge，experi－
ence，and bear the reality of life， which is replete with radiance of joy，hope，and celebration，on the
one hand，and despair of dejec－ tion，loss，and melancholia，on the

Another most effective way to not let the monster of depression fact that it＇s okay to feel whatever you feel．No matter how bad the circumstances have become，we need to calm down，take a deep whys：First why should I destroy my whole life if failure is a part of our lives？Second，why should I bother about those who have hardly been a part of my journey
throughout？Third，why should I halue my nout？Third，why should well as whatever appeals to me？ Answering these three whys makes us resilient and eager to combat trauma，though we have many other coping skills．
Depression will always be defeat－ d if we inculcate within ourselves the values of self－compassion and self－realization and create a posi－ tive self－image that is nonchalant to negative thoughts．［The writer
is a poet，editor，independent olumnist and PhD Research Fellow，working on Trauma and Memory Studies at National Institute of Technology Raipar

## （Author：PhD Research

 Technology，Raipur．）BRIEF
Embassy REIT Real Estate
Investment $T 1$ Investment Trust,
which owns and oper-
ates 45.4 milli ion f ft of office infrastruc-
ture, has arged to
purchase Embassy Splendid Techzone
from Embassy from Embassy
Sponsor for an ent crore marking its 1,269
foray into the Chennai market. To fund the acquisition plans,
Embassy REIT would raise Rs 2,500 crore
through Institutional through Institutional
Placement and re-
duce its existing port duce its existing port-
folio leverage from 30 the company
said on Saturday.

## Sebi

 New Delhi: To facilitate ease of doingbusiness, Sebi has p posed that certain
changes in the privat placement memoran-
dum of alternativin-
vestment funds can be

Tata Steel India

| New Delhi: Tata Steel |
| :--- |
| India has reported a 6 | liveriest to 1.9 .90 mil-

lion tonnes in FY supported by higher demand from retail,
automotive and railway segments. In produced 18.85 million
tonnes (MT) of steel
during tonres (Mre or steel
during theceng
2022-23 financial year, Tata Steel said
statement on statement on
Saturday.

## Credo

Kolkata: Credo
Centre of Excellence
in partnership with
the Apparel Skill
the "firist" fashion in-
cubation centre in the

## boost the R R 40,000

crore textilie industry
of West Bengal, an of ficial said. "This is the
first fashion incubation centre in India model centre approved by the Appa
Made Ups Home Furnishing Sector
Skill (AMHSSC) Council under the
Ministry of Skill Ministry of Skill
Development and
Entrepreneurship.

#    



## FPIs withdraw Rs 325 crore from Indian equities so far in Apr

NTPC aims for 40 MMT coal production in FY25

Maruti Suzuki eyes 3 lakh exports in FY25, 8 lakh by 2030

Vistara chief says over 98 pc Voda Idea gets board nod to raise pilots have signed new contract Rs 2,075 cr from Aditya Birla group

AARI Inaugurates 'Moto Vault' superbike showroom

Indigenous robotic solutions get an edge as enterprises look for customised Al-based automation

ferent applications having Sheshadri P V, Executive
Vice President of Reliance Retail, which has integrat ed automation in grocery both of them would be dif-

$\qquad$
 world.
The company said 30 per
cent of its business comes
from overseas but a arge
chunk comes from domes-
tic clients.
Addverb almost doubled
its revenue to Rs 450 crore
in the last fiscal and aims
to reach Rs 1,000 crore in
the current fiscal.
"Robots that we are
building are not only for
India but for the whole
world. So we are getting
them certified with vari-
ous international certifi-
cations," said Sangeet
Kumar, Co-founder \& CEO,
Addverb.
Kumar also announced
his company's foray into
the healthcare segment
with the launch of three
types of robots for the sec-

Four of top 10 valued firms add Rs 1.71 lakh cr to mcap



|  | Oriana Investments Pte. |
| :---: | :---: |
| firm Vodafone Idea on | Ltd (Aditya Birla Group |
| Saturday said its board | entity forming part of |
| proved raising Rs | the promoter group |
| ,075 crore from promot- | a preferentia |
| er Aditya Birla group | filing said. |
| and increasing its autho | The board also ap- |
| rised share capita | proved an increase in the |
| 1 lakh crore. | authorised share capital |
| pan | of the company from ex- |
| shareholders' approval a | s 75, |
| extraordinary general | vided into Rs 70,000 crore |
| meeting on May 8 on the | equity share capital and |
| proposals, it said in | Rs 5,000 crore preference |
| regulatory filing. | share capital, to Rs 1 |
| The Vodafone Idea | lakh crore, the filing |
| board has approved "is- | said. |
| suance of up to | The increas |
| 1,395,427,034 equity | sed share capital of the |
| shares of face value of | company will be divided |
| h at an issue |  |
| price of Rs 14.87 per eq- | ty share capital and Rs |
| ty share (includin | 5,000 crore preference |


 श्रीटाम जी की असीम अनुकंपा से प्रतिवर्ष की भांति इस वर्ष भी:
 संगीतमयंसंध्या का आयोजन-भिलाई कैन डु-पर्वत फाउण्डेथन के द्वारा किया जा टहा है।
उक्तकार्यक्रम में आपसपरिवाठ ईष्ट मित्रोंसहित सादट आमंत्रित हैं...


लेचेंड़ी ग्रैंडमाद्टर बिफूर्जी पस आठद्वाज तट


स्वाति निश्रा दुप्रलिद अणन गायिका


शी बीतल पाण्डेय आहसाइ

एक शाम श्रीराम खाटू श्याम के नाम का आयोजन भिलाई कैन डू पर्वत फाउडेशन द्वारा तीसरी बार आयोजन किया जा रहा है। 8 अप्रैल सोमवार को सेक्टर 7 ' बीएसपी स्कूल ग्राउण्ड में भजन संध्या 7 बजे से आयोजित है। इस गरिमामय समारोह में बाबा श्री खादूश्याम जी के अनन्य भक्त श्री मानवेंद्र जी चौहान गुरु जी (खाटू) भी अतिथि के रूप में शामिल होंगे। कार्यक्रम मे मुख्य रूप से लेजेन्डरी ग्रेण्ड मास्टर शिफूजी एस भारद्वाज, भजन गायिका स्वाति मिश्रा भजन गायक शीतल पाण्डे तथा छत्तीस गढ़ी भजन गायिका आरू साहू के कार्यक्रमों से श्रद्धालु आनंदित होंगे।


## कार्यक्रिन

दिनांकः 8 अप्रैल 2024, सोमवार, समयः सायं 07 बजे से स्थानः बीएसपी स्कूल ग्राउंड, भिलाई, जिला-दुर्ग (छ.ग.)


मानवेन्द्र चौहाज - खाटू अतिथि

## इस अवसर पट आयोजित प्रकाथ यज में

 51000 दिए प्रज्वलित किए जाएंगे।टामलला अयोध्या की भव्य रंगोली एक बाट पुन: वल्ड रिकार्ड करने जा रही है।

## 8 बजे टात्रि से आतिथबाजी एवं टात्रि 9 बजे - अव्य महाप्रसाद भोग का वितरण किया जाएगा।





## Praggnanandhaa stops Gujrathi's applecart

 proved to be decisive as Australia mounted relent-
 Hayward struck again. with his second goal from a penalty corner, followed firm, denying defense held
by Jacob Anderson's deby Jacob Anderson's de- further goals. The match
flection and Nathan $\begin{array}{ll}\text { Ephraums' timely slap, } & \text { curing their second con- } \\ \text { taking the score to } 4-2 \text { in } & \text { secutive victory in the five- }\end{array}$ favor of Australia.
*ITl
Indian grandmaster R
Praggnanandhaa came up
with a spectacular game to
down compatriot Vidit
Gujrathi in the third
round of the Candidates
Chess tournament here.
It turned out to be a sat-
isfying day for the only
sibling to make to the
Candidates ever as R
Vaishali also scored her
first victory in the event at
the expense of Nurgyul
Salimova of Bulgaria in
what was also the lone de-
cisive game in the
Women's section.
In the men's section, D
Gukesh tried to make
some headways but could
not really dent the solid de-
fence
not really dent the solid de-
fences of Ian
Nepomniachtchi Nepomniachtchi of
Russia, while Frenchman Firouza Alireza's extra
pawn came to a naught against top seed Fabiano Caruana of United States. The other American ever, had no difficulty in getting an easy draw as

black against Nijat Abasov of Azerbaijan. In the
women section, Koneru Humpy played out an easy draw with white against Zhongyi Tan, Tinjie Lei of
China signed peace with China signed peace with
Aleksandra Goryachkina Aleksandra Goryachkina
of Russia, while the other Russian Kateryna Lagno split the point with Anna Muzychuk of Ukraine.
With 11 rounds still to come in both eight-players double round-robin tournd Nepomniachtchi share the lead on two
section. They are now followed by Gujrathi and points each. Nakamura, Alireza and Abasov complete the line up an
half point behind. In the women's Zhongyi Tan with two
points remained a half points remained a half
point clear of nearest rival Goryachkina with Humpy, toes with 1.5 points each.
Lei, Muzychuk and
Salimova share the sixth Selimovaz share the sixth
spot with one point each in their kitty.
Praggnanandhaa chose Praggnanandhaa chose clock

Tiafoe, top-seeded Shelton advance to US Men's Clay Court Championship final



2017 and 2018.

Mbappe sets up late equalizer as French leader PSG
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$\begin{array}{ll}\text { laced Brest, which hosts } & \text { Sunday, and a record-ex- } \\ \text { tending 12th league title }\end{array}$


## Defending champio

 Frances Tiafoe and topseeded Ben Shelton wil
play for the U.S. Men's few games in the second

Messi scores in his return, helps Inter Miami get a 2-2 tie against Colorado


Lionel Messi returned and helped salvage a tie for Inter Miami. Messi scored shortly after checking in to begin the second half and helped set up Leo Afonso's go-ahead score two
minutes later. But Cole Bassett scored in the minutes later. But Cole Bassett scored in the
88th minute for the Colorado Rapids and the 88th minute for the Colorado Rapids and the
game ended in a $2-2$ tie on Saturday night. It was Messi's first appearance for Inter Mia since a hamstring issue led to him getting
subbed out early in the second half of a CON CACAF Champions Cup match against Nashville on March 13. He had missed four Inter Miami games since, plus two games with Argentina.
He wasted little time announcing his return Saturday. Messi's fourth goal in as many MLS matches this season came in the 58 th minute, beating Colorado keeper Zach Steffen with a low shot that hit the left goalpost, then skidded back across the goal mouth before settling into

Con's edged it took him until game just moves a a little bit slower, you have more
time to process," Shelton said. "I tried to use that to
my advantage today and really happy to be in the
finals my first time here
 out as Rajasthan easily beat Royal Challengers Bengaluru by six wickets
despite Kohli's eighth IPL

CSK bank on home advantage againstunbeaten KKR
 Titans but a duck against
Delhi Capitals in the sub-
sequent game led to him being dropped against SRH. Pacers Mustafizur
Rahman and Matheesha Rahman and Matheesha ame due to different rea ons, exposing the chinks they remain unavailable
or the KKR game, CSK will need to think out of
 Thus, the onus will be upon Deepak Chahar, Tushar Deshpande and
Mukesh Choudhary alongside spinners Moeen Ali, Ravindra Jadeja and Maheesh Theekshana
Yos is best white-ball opener in world crickett


Smriti Mandhana among icon players Women's inal Women's Maharashtra Premier League


## India women's team

vice-captain Smriti players for the inaugural players for the naugural
edition of the Women's
Maharashtra Premier Maharashtra Premier will be held in June this year. Maharashtra
Tricket Association made he formal announcemen of the franchise-based T20 tournament featuring four
teams which will be held under the aegis of the
Board of Control for Board of Control for
Cricket in India (BCCI), the
state governing body said state governing body said. "MCA will be the first asso-
ciation from the BCCI to ciation from the BCCI to
start a state league for women," the MCA said in a release. The tournament
$\qquad$ Association Stadium here in Gahunje from June 24. Among the icon players in Mandhana, Devika Vaidya, Anuja Patil, Kiran Navgire


The tournament's opening edition will have a price
money of Rs 20 lakh for the winning side and Rs 10 lakh for the runner-up
along with other individual prizes. The auction for teams
will be held will be held on April 27 whereas the auction for the

| Schielmann defencere out of |
| :--- |
| Chuy Ioper that is seldom |


 surrprises beyond imasina.
tion of his opponent, and Guirathi reailized this vel
early in the openins


 | visible an hen spentart loos of |
| :--- |
| time in the opening but | time in the opening but

then the complications the the complications
were clearly above the The game fluctuated in the early middle game be
tween an equal position tween an equal position
and sometimes favouring
 easy to find all the best
moves every time he was posed a question. In the end Gujrathi wa left to play 11 moves in about position not favouring
the
him and as is often the clock took its toll away players will be on May 11.

OMOTHER'S PRIDE WORLD SCHOOL


ล MODEL ENGLISH HR. SEC. SCHOOL


## ROYAL PUBLIC SCHOOL

Special
Discount
on
ADMISSION
FEES

FEES

## 14 places identified as 'drug hot spots' in Jammu

## - Efforts on to wipe

 out drug menace

New Collector Anup Saha takes charge

Paradip
Jagatsinghpur, Apr 07: Jagatsinghpur, Apr 07:
Anup Saha has joined as
the new District Collector the new District Collector and takes charge in Jagatsinghpur district or Saturday. Earlier, Saha
was serving as State
Project Director of OSEPA was serving as State
Project Director of OSEPA
and Member Secretary of Mo School and Labo Commissioner. After as
suming office, District suming office, District
Collector Saha reviewed Collector Saha reviewed
the preparations for the upcoming elections with $\begin{array}{ll}\text { upcoming elections with } \\ \text { Additional } & \text { District } \\ \text { Collectors, } & \text { Chief }\end{array}$ $\begin{array}{lr}\text { Collectors, } & \text { Chief } \\ \text { Development } & \text { and }\end{array}$ Executive Officers o District Collectors ano
cations as drug hot spots in the city and carried out 85 raids at these places besides increasing the presence of manpower. These
locations were also locations were also
brought under increased surveillance of district special branch officials," the officer told reporters here. He said that 13 notorious drug peddlers were booked
under the stringent Prevention of Illicit Traffic in Narcotic Drugs and Psychotropic Substances
(PIT NDPS) Act in (PIT NDPS) Act in the past
three months compared to a total of 24 last year "We have launched a two type strategy to tackle drug menace with primary focus to create awareness among people and secondly rehabilitation of drug
addicted youth who are
treated as victims," the SP said. opened a state-of-the-art drug rehabilite-of-the-art which is equipped with all facilities and a qualified staff," he added.
Seeking active support of people in eradicating the drug menace, he said even if any police personne was peddling, strict action will be taken against such persons as per the prevalent laws. "Of the total cases, police has busted the for
ward and backward link ages of 27 cases and at tached three properties of notorious drug peddlers while similar action is on cards against others," he
said, adding the investiga-
tions have so far not re vealed a direct link of narcotic smugglers across the
The SSP said the police are also keeping surveillance on former Over Ground Workers of terrorists to ensure that they are not recycled and get involved in narco-terrorism. "There was no instance
where drug smugglers where drug smugglers vehicles...in fact, most of the arrests were made
from public transport," he said. He said that separate
teams have been constituted in view of the Lok Sabha polls, while additional manpower have been deployed at check-
points to ensure free and fair elections.



