



## 140.76 bulk liters of liquor seized from bootleggers

Bhilai, Jun 20:

The Excise Department, Durg, is regularly taking action against the smuggling and illegal trade of liquor in the district. The network of informers has been activated and action is taken against the wrongdoers under the provisions of Excise Act. Recently, the Excise Department took action against two persons who were illegally possessing and peddling illicit liquor. Large quantity of liquor smuggled from Madhya Pradesh was recovered from one of the accused. In the first case, Excise Department sleuths conducted a raid at a house in Mathpara, Kohka Bhilai and nabbed the accused



Shailendra Verma (24) son of Dheluram Verma. The team recovered 10 crates of Goa whiskey (500 quarters) and 5 crates of Royal Stag whiskey (60 bottles) totaling 135 bulk liters of liquor from him. The recovered illicit liquor was seized and a case was registered under sections



34(1), 34(2), 36, 59(a) of the Excise Act. He was produced before the court and has been sent to the jail on judicial remand.

In the second case, an Excise Department team raided the place of a lady Sarita Jangde (27) wife of Dharmendra Jangde a resident of village Khapri, po-

lice station Kumhari, District Durg. The team recovered 32 quarters of country liquor (5.76 bulk liters) from her possession. A case was registered against her under section 34(2) and 59(a) of the Excise Act and she was sent to jail on judicial remand. Assistant District Excise Officer Ashok Agrawal, Excise Sub-Inspector Harish Patel, Neelam Swarnakar, Bhubaneswar Sengar, Excise Head Constable Bhojram Ratnakar, Santosh Dubey, Faguram Tandon, Excise Constable Devprasad Patel, Chitleshwari Dhruv, Deepak, Prakash Rao and Doman Madhukar conducted the raids and nabbed the bootleggers.

## Painting Exhibition of Khairagarh students inaugurated

Bhilai, Jun 20:

Public Relations Department of SAIL-Bhilai Steel Plant has organized a three-day joint exhibition of paintings made by 13 artists, including senior students of Indira Kala Sangh, Vishwavidyalaya (IKSV), Khairagarh along with other young painters of the state and other Indian artists, at Nehru Art Gallery, Indira Place (Civic Center).

Chief Guest AK Chakraborty, ED (MM) inaugurated the exhibition in the evening of June 19, 2023 by lighting the ceremonial lamp in presence of other guests and appreciated the Public Relations Department for organizing the event. The 13 artists whose paintings have been featured in the



exhibition are Dr Pushpa Agarwal, Anoop Anjeneya, Gunendra Ku Vishwakarma, Yashwant Kumar, Meena Sharma, Vidya Soni, Jishesh Das, Satish Kumar Sahu, Anshram Yadav, Tarani Sahu, Sumitra Verma, Nirver Sahu and Manpreet Singh Viridi. Chakraborty took keen interest in the paintings featured in the exhibi-

tion and also interacted with the artists. He penned his views in the visitor's book and said that the paintings reflect artists' creativity and innovation and also convey some social message, while some paintings depict rural-festivals and episodes from Indian Mythology. Indian arts must be patronized as it connects us to Indian

Culture and tradition, said AK Chakraborty. Present in the programme were the Senior officers of Bhilai Steel Plant, Jacob Kurian, GM (LA&PR), Prashant Tiwari, GM (Public Relations), along with Suraj Soni, GM (P-NW & Mines), Dinesh Kumar, GM (TSD), and other artists from Bhilai and art lovers were also present at the exhibition in large numbers.

Paintings made by the IKSV, Khairagarh, alumni and other Indian artists have a beautiful blend of various painting styles including Kerala Traditional Mural, creative, realistic & abstract, landscape & nature-study, portrait, self-thought, etc. The three-day painting exhibition will be open to the public from 17:30 hrs to 20:30 hrs.

## District level Yoga Day programme at Padmanabhpur

Bhilai, Jun 20:

The ninth International Yoga Day will be celebrated on June 21. According to the joint guidelines of the Government of India, Ministry of AYUSH and Ministry of Panchayati Raj, New Delhi, the district level event of 9th International Yoga Day on June 21, 2023 based on the theme "One World One Health" and "Har Ghar Aangan Yoga" will be held at Mini Stadium in Padmanabhpur. The mass yoga session will commence from 7 am and conclude at 8 am as per the general yoga program (protocol). State Home Minister Tamradhwaj Sahu will be the chief guest of the programme. According to the information received from

Deputy Director Social Welfare Department, the event venue will be shifted to Khalsa Public School auditorium of Malviya Nagar Chowk in case of rains.

On the occasion of the ninth International Yoga Day, the district level program will be held in the presence of public representatives, dignitaries and officers / employees of all the departments of the district.

All the departmental officers, employees and dignitaries, religious, social organizations and voluntary organizations have been appealed to participate in the ninth International Yoga Day celebration at Mini Stadium, Padmanabhpur and make the program a grand success.

## It took a decade to construct BJP Bhilai District Office

■ Erstwhile CG I/c JP Nadda had performed bhoomipujan in 2013

Bhilai, Jun 20:

On Tuesday, the newly constructed office of BJP Bhilai District Organisation was inaugurated with religious rituals, Vastu Puja and Satyanarayan Katha Puja. The new office building has been constructed at Priyadarshini Parisar (East). The religious rituals commenced at 10:00 hrs and concluded around 14:00 hrs. BJP Bhilai District President Brajesh Bichpuria performed the rituals.

It needs to be mentioned here that during the BJP rule in the state, the bhoomipujan for BJP Office was performed by



then BJP State I/c Jagat Prakash Nadda (BJP National President) in the year 2013. The construction work was barely started during the BJP rule in the state till 2018. The main reason behind the delay was the in-party tussle between the leaders. However, the construction work gained some pace in the past 2-3 years and was sped up after Brajesh Bichpuria took charge

as BJP District President in the month of October 2022. The office has been constructed on a plot of approximately 10000 square feet area. The two storied building has a carpet area of about 6000 square feet. It has facilities such as a meeting hall, office rooms, rest rooms, etc. The new office was inaugurated just before the visit of Union Home Minister Amit Shah. Bhilai Nagar, Vaishali



Nagar and some portions of Ahiwara, Durg Rural and Patan assembly constituencies come under the BJP Bhilai District Organization. BJP State President Arun Sao, MP Vijay Baghel, former minister Prem Prakash Pandey, district in-charge Sandeep Sharma, Cheman Deshmukh, Nandan Jain, Rakesh Pandey, Yogendra Singh, Premal Sahu and other

senior leaders of the party attended the programme.

State President Arun Sao congratulated the BJP workers and District President Brajesh Bichpuria for the new office. He urged the party cadre to start preparing for the next assembly elections.

District President Brijesh Bichpuria said that this well-equipped office has been constructed with the hard work

and support of every party worker. "We will form the state government of the Bharatiya Janata Party in 2023 by making the benefits of the schemes of the Modi government reach the common people and make them aware of the corruption of the Congress government. MP Vijay Baghel said that the new building is not just an office but is a temple for us. This office was the dream of all the party workers. He urged the party leaders and workers to work for the party with a pure heart.

Shivsagar Mishra, Bhojraj Sinha, Daya Singh, Mahesh Verma, Ramkumar Rana, Sandeep Agarwal, Jai Prakash Yadav, Sanjay Dani, Rikesh Sen, Bhushan Agrawal, Jai Prakash Yadav, Thakur Ranjit Singh and others were present.

# हर घर योग, सदैव निरोग

21 जून

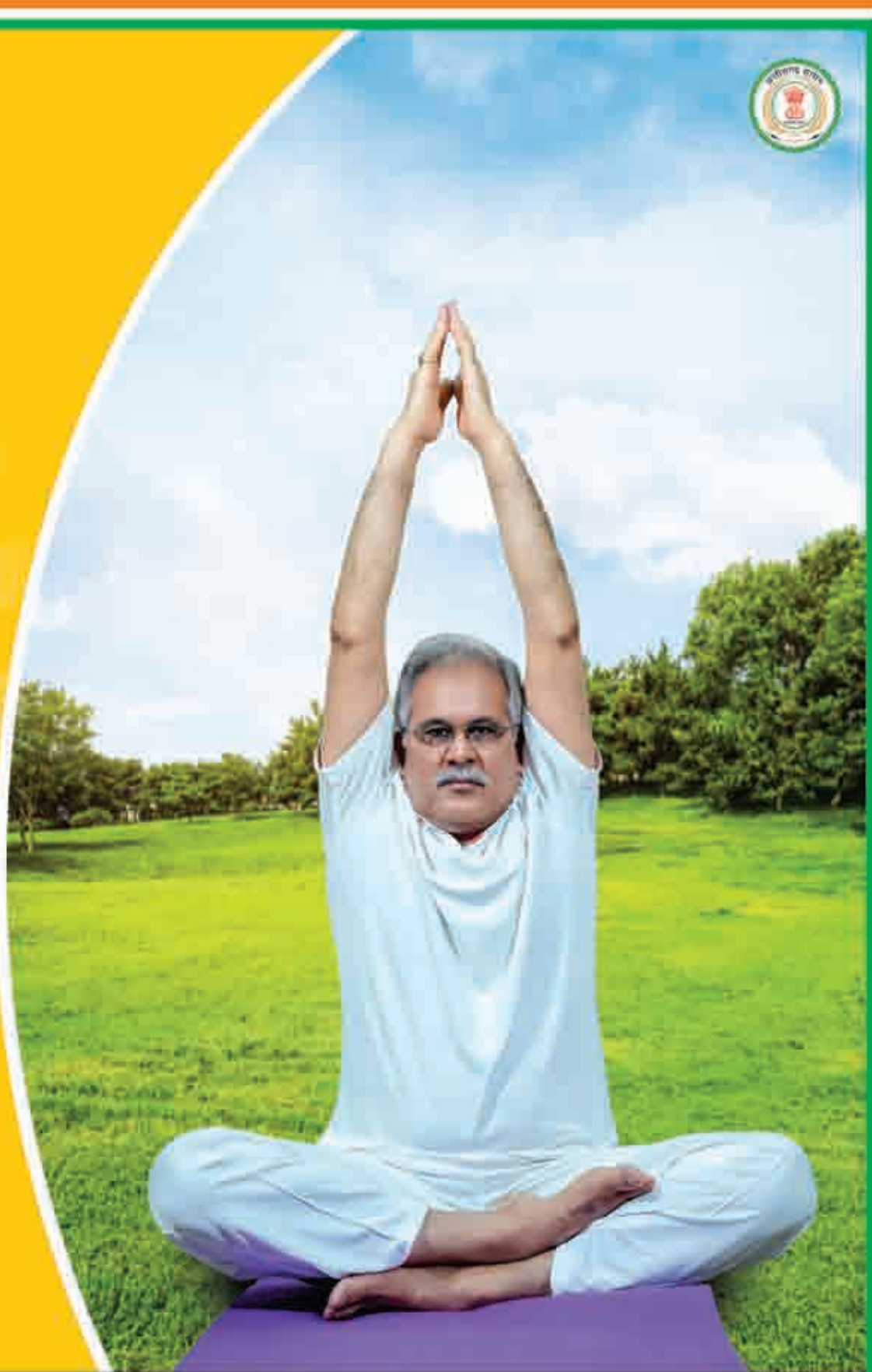
अंतर्राष्ट्रीय

# योग दिवस

ऊर्जा | स्वास्थ्य | संतुलन

“ योग दिवस पर आप सभी के स्वस्थ जीवन की कामना करता हूँ। स्वस्थ, सकारात्मक और संतोषपूर्ण जीवन के लिए आइए योग से जुड़ने का संकल्प लें। ”

- भूपेश बघेल मुख्यमंत्री, छत्तीसगढ़



## चल रहा है आपके शहर में बीटीआई मैदान शंकर नगर रायपुर में

# फन वर्ल्ड फेयर

### डिजनीलैंड मेला 2023

• खाना, खरीदी, मनोरंजन एक साथ  
• हैडलूम हैडीक्राफ्ट बाजार के साथ

समय- रोजाना शाम 5:00 बजे से रात्रि 10:00 बजे तक



# CM Baghel performs customary rituals at Jagannath Temple

**Of Gayatri Nagar to mark the commencement of 'Rath Yatra' CM prayed for peace, prosperity and happiness of the people of the state**

**CM also performed Chherapahara ceremony before the Rath Yatra**



chariot with a broom made of gold). Chief Minister Bhupesh Baghel extended greetings and best wishes to the people of the state on the occasion of Lord Shri Jagannath's Rath Yatra.

He said that Lord Jagannath is revered by the people of Chhattisgarh, and the festival of Rath Yatra is celebrated in the state with great zeal and fervour.

Speaker of Chhattisgarh Legislative Assembly Charandas Mahant, Korba MP Jyotsna Mahant,

Parliamentary Secretary Vikas Upadhyay, Mayor of Municipal Corporation Raipur Ejaz Dhebar, Chairman of Shri Chhattisgarh Housing Board Kuldeep Juneja, Chairman of State Mineral Development Corporation Girish Dewangan Pramod Dubey, Chairman of Municipal Corporation Raipur, Purandar Mishra, President of Shri Jagannath Mandir Seva Samiti along with other dignitaries and public representatives were present.

### Governor Harichandan attends the Rath Yatra festival



**Raipur, Jun 20:** Governor Biswabhanu Harichandan attended the Rath Yatra festival of Lord Jagannath organized in the Jagannath Temple located in Raipur's Gayatri Nagar today. He offered

prayers to Lord Jagannath for the happiness and prosperity of the state's residents, and performed the ritual of Chherapahara. The Chief Minister Bhupesh Baghel was also present on the occasion.



A fresh and new feeling among youth performing Yoga on the banks of River Kharun on the eve of Int'l Yoga Day here on Tuesday.

### 'WATER YOGA'

### CM extends his best wishes to President Droupadi Murmu on her B'day

**Raipur, Jun 20:** Chief Minister Bhupesh Baghel greeted the President, Droupadi Murmu, on the occasion of her birthday and Lord Jagannath's Rath Yatra festival over a phone call. The Chief Minister has wished Mrs. Murmu a long and healthy life.

### CM congratulates to RAW's new Chief Ravi Sinha

**Raipur, Jun 20:** Chief Minister Bhupesh Baghel spoke to the newly-appointed Chief of RAW, Mr. Ravi Sinha, over a phone call and congratulated him on his new responsibility. The Government of India has appointed Sinha as the new Chief of RAW (Research and Analysis Wing). It is noteworthy that Ravi Sinha is a senior IPS officer of the Chhattisgarh Cadre and is presently on deputation to the Centre.

### Free seminar on Yoga today

**Raipur, Jun 20:** On the occasion of International Day Of Yoga, in the reverend guidance of Pujya Guru MaaHansa J. Yogendra The Yoga Institute Shankar Nagar Raipur is organizing a Free seminar on 21st June 2023 at 6:30 PM.

On a very important topic "Yoga for Women's Health" the participants will be made aware of various health issues a woman can go through. The guest speaker of the seminar is senior consultant of Vidya Multi-speciality hospital, M. D. (Med.) Dr.VaishaliDubey who will

guide the participants with her expertise. Apart from it The Yoga Institute Shankar Nagar Raipur is also conducting special Yoga Sessions in Balco Medical Center Naya Raipur, Balaji Hospital & College Mowa, Sarabhai Hospital Sunder Nagar and many other places in city on the occasion of 9th International Yoga Diwas.

The Yoga Institute Shankar Nagar Raipur keeps on organizing such free workshops and events weekly on various important physical & mental health issues.

## Singhdeo holds NVHCP steering committee meeting

**Hepatitis-B vaccine be compulsorily applied to infants, health workers, high-risk population under regular vaccination program**



Health Department Secretary Siddharth Komal Pardeshi, Director of Health Services Jaiprakash Maurya, Director of National Health Mission Bhoskar Vilas Sandipan, Managing Director of CGMSC (Chhattisgarh Medical Services Corporation) Chandrakant Verma and Director of Epidemic Control Dr Subhash Mishra also attended the steering committee meeting.

Singhdeo instructed to compulsorily administer vaccines to newborn, one month and six month old children to prevent Hepatitis-B under the regular vaccination programme. Not even a single child should be left out of this, he said.

NVHCP state nodal officer Dr Dharmendra Gahwai, State Health Resource Centre Director Sameer Gerg, HoD Microbiology AIIMS Raipur Dr Anudita Bhargava, Head of Department of Microbiology in Pandit Jawaharlal Nehru Medical College, Raipur, Dr Nikita Sherwani, Head of Department of Community Medicine, Dr Nirmal Verma, State Immunization Officer, Dr VR Bhagat, Additional Project Director, State AIDS Control Society, Dr KR Sonwani, Deputy Director of Health Department Dr Mahendra Singh and Uria Nag of Health Organization were also present in the meeting.

### One cheated of Rs 50000 in the name of online registration

For Yoga Camp by Patanjali

**Raipur, Jun 20:** In a case of cyber fraud, a person from DD Nagar was reportedly cheated of Rs 50000 in the name of online registration for Yoga Camp by Patanjali to be held from April to May and the police has filed a case and taken the matter under investigation.

As per reports, in this regard, one Shirish Chandra, R/o DD Nagar, Raipur, took out a phone number for Paanjali Yoga Natural Programme from Goggle. On this the youth claiming himself to be one from Patanjali, gave information about the registration and other detailed and cheated him of Rs 50000 in the name of online registration.

In this case the victim has filed an FIR in Saraswati Nagar thana. Earlier also cyber fraud in the name of Patanjali has been done and in this the accused by making fake website of Patanjali on Goggle are doing all such activities.

## BJP using film 'Adipurush' for politics and commercialization: CM

**For Cong, Lord Shri Ram is centre of faith and devotion**



**Raipur, Jun 20:** Chief Minister Bhupesh Baghel came down heavily against the BJP over the film Aadipurush and said that in this film Lord Shri Ram has been projected as 'Yudharam' (warrior Ram) and Lord Shri Hanuman as Angry Bird and now has expressed gratitude through this film to UP and Assam's CM and to CMs of all BJP ruled states. CM said that this film (Aadipurush) has been made by BJP people and today all BJP leaders are keeping mum. This is purely related with politics to commercialization. For us (Congress) Lord Shri Ram is centre of religious faith and devotion and for them it is subject of politics. Be it Lord Shri Ram or Lord Shri Hanuman, they (BJP) are using it for politics and commercialization and

Chhattisgarh there is not a single incident of its kind, he added.

Commenting upon the inquiry into CGPSC scam, CM Baghel said that there is no complaint related to the conduct of the exam and it is just a political issue which BJP is trying to rake-up. 'I am still saying that if they are having any facts or complaint, they we (govt) is ready to conduct probe into it', CM said. But so far no one has lodged complaint in this regard and are only talking about conducting inquiry into the case. CM said that Surya claimed that if the BJP government's comes to power, then inquiry will be conducted and on which CM said that neither BJP is going to form government, nor CBI inquiry will be conducted.

**CM questions why BJP is keeping mum on missing notes of Rs 500 notes** Chief Minister Bhupesh Baghel raised question on news about

missing new designed Rs 500 notes worth Rs 88000 cr and said that Central Government is bound to clarify upon the same and questioned why BJP is keeping mum on it. CM said that Rahul Gandhi had only raised the issue of around Rs 20000 cr only and this amount is just four times of it.

CM said that the work right from the printing of currency to that of its circulation needs to be done amidst tight security, as the currency of any country is the backbone of its economy. But despite such high security the notes of Rs 500 denomination that of new design are reported missing in such a large quantity and this cannot be taken so lightly.

It is notable here that according to an RTI activist Roy claims that notes of Rs 500 of new design worth Rs 88000 cr are missing and on this RBI has claimed that report about missing of notes is wrong.

## Kapil Dev: Cricket may cease but my passion endures

**Expresses gratitude for warm welcome in Raipur**

TV because the perspective you get on TV is not available in the stadium."

Inaugurating the cricket turf on the top floor of the Raipur City Center Shopping Mall, Kapil Dev and Madan Lal were greeted by a large crowd of fans. The duo interacted with the audience, signing autographs on bats and T-shirts. Dhamendra Jain, the manager of the City Center Shopping Mall, welcomed them on behalf of the people of Chhattisgarh by presenting a bouquet of flowers. On his visit to



Chhattisgarh, He expressed his gratitude for the overwhelming love and reception he received from the people. He stated, "I have visited Chhattisgarh several

times before and have always received love from the people, but this time, I witnessed a level of passion among the people that I had not expected." However, he expressed surprise at the enthusiastic crowds seeking autographs and photos, noting, "It felt a bit strange when people were pushing and shoving just to get autographs and photos."

During the conversation with the media at the City Center Shopping Mall, he expressed his anticipation for future discussions on cricket. He mentioned, "I

won't discuss cricket with you all today, but next time when I come, I will definitely have an elaborate discussion on this matter."

Reflecting on the changing times, he acknowledged the increasing prevalence of malls and their impact on cricket. "We used to travel 20-40 years ago, and at that time, there were very few malls, but now malls are opening up in every city," he remarked. Sharing an intriguing observation, he said, "I saw a cricket ground in a mall for the first time, where kids were playing cricket. I never thought there would be a cricket field at the top floor of a mall."

## ASUS launches exclusive store in Raipur

**Raipur, Jun 20:** As a step towards strengthening the brand's retail footprint across the country, ASUS India, Taiwanese tech giant today announced the launch of an exclusive store in Raipur. The new exclusive store is spread across 320 sq. ft. and is set to host an extensive range of electronics and computer hardware, including the ASUS flagship products such as VivoBook, ZenBook, Zenbook-Flip, Republic of Gamers (ROG) laptops and accessories. This is the brand's first exclusive store located in the IT cluster and hear of Raipur.

Talking about the expansion, Vishal Shrivastava, Regional Sales Manager



(West) - PC & Gaming Business, ASUS India, said, "We are delighted to announce the expansion of our retail footprint in India. Chhattisgarh being an important market for us, the inauguration of the new brand store in Raipur will play a pivotal step towards empowering consumers across different regions of the country with a unique experience of our latest innovation. With a strategic retail expansion approach,

we will continue to create more interaction and new touch points for our users."

The store will feature innovative demo zones to offer a premium experience and service to consumers. They will create an interactive journey for the consumers by providing them with a first-hand feel of some of the most advanced and brand's latest gaming and lifestyle products, ranging across PCs, desktops, and a wide range of accessories.















## Fostering daily well-being with Yoga

For ages, Indian sages have recognised yoga as an excellent means of uniting the body and mind. Each year, on June 21st, we commemorate International Yoga Day to emphasise its immense value and serenity for the human body. On this occasion of Yoga Day, &TV artists share the significance of yoga in their lives. They highlight how yoga has positively influenced their well-being, creativity, and overall journey. These include Neha Joshi (Yashoda, Doosri Maa), Himani Shivpuri (Katori Amma, Happu Ki Ultan Paltan), and Vidisha Srivastava (Anita Bhabhi, Bhabiji Ghar Par Hai).

Vidisha Srivastava, aka Anita Bhabhi from Bhabiji Ghar Par Hai, shares, "In an era of social, environmental, and financial turmoil, our lives are being rocked by unprecedented



challenges. Amid these doomsday circumstances, yoga has become my "se-

cret key" to attaining holistic well-being. During the darkest phase of my

life, when my focus was waning, yoga emerged as a guiding light, restoring my mind, spirit, and body to tranquillity, rejuvenation, and equilibrium. Not only has yoga helped me regain my focus, but it has also enhanced my acting skills. When I return to my homeland of Varanasi, I find solace in practising pranayama and laughter yoga alongside the serene ghats of the Ganges, accompanied by my beloved parents. These practices enable me to release the burdens of everyday stress and rejuvenate my soul. With utmost conviction, I wholeheartedly recommend yoga to everyone as a transformative force capable of altering their lives for the better." Tune in to Doosri Maa at 8:00 pm, Happu Ki Ultan Paltan at 10:00 pm, and Bhabiji Ghar Par Hai at 10:30 pm, airing every Monday to Friday only on &TV!

## Varun Dhawan, Janhvi Kapoor-starrer 'Bawaal' to release digitally in July

Actors Varun Dhawan and Janhvi Kapoor's upcoming film 'Bawaal' directed by Nitesh Tiwari will release digitally in July.

Director Nitesh Tiwari said that the film's digital release will help in taking 'Bawaal' to audiences in India and across borders.

Tiwari said: "Shot across three Indian locations and five European countries, 'Bawaal' has a captivating storyline, dramatic visuals and absolutely amazing chemistry between the lead talent Varun and Janhvi.

"I believe that the worldwide premiere on Prime Video will help us take Bawaal to audiences in India and across borders. We have worked with immense passion and commitment to bring this film to our audiences and now we can't wait to hear their reactions."

Producer Sajid Nadiadwala said that 'Bawaal', which will release on Prime Videos, is a very special film for him, and one of his most ambitious projects. He added: "It has been an absolute joy to produce this



film which has been directed by my most loved filmmaker Nitesh Tiwari with Varun and Janhvi giving their very best, in their first film together. I am very proud of 'Bawaal', and I am thrilled to announce its worldwide premiere on Prime Video this July."

"'Bawaal' is an extraordinary story with universal appeal, powered by brilliant performances by

Varun and Janhvi. Set in the heartland of India, the gripping narrative takes viewers on a never-seen-before journey through Europe. We believe that a film that is rooted in India but has a global appeal deserves to reach customers not just in India, but all across the world," added Manish Menghani, director of content licensing at Prime Video, India.

## Kajol talks about toughest choices she had to make



Bollywood actress Kajol, who will be seen essaying the role of a lawyer, Nyonika Sengupta, in the upcoming streaming series 'The Trial - Pyaar, Kaanoon, Dhokha', has opened up about the tough choices that she has made so far.

In the show, life brings her at a complex juncture where every choice she makes proves to be a game-changer not only for her but for everyone surrounding her.

Elaborating on the toughest choices in her life, Kajol said, "Actually, a lot of instances in my life made me make tough decisions. The fact that I got married at the peak of my career, the fact that I actually joined the film industry, it was a game changer for me because I didn't

know whether I wanted to join the film industry or not." She further mentioned, "I remember my dad telling me at the time to think very carefully, because you know, you're never going to get rid of this point on your face. Once you put it on, it's on forever I remember thinking to myself that no, that's not true, I can take it off whenever I like. Of course, time has proved that he is right."

The show also stars Sheeba Chaddha, Jisshu Sengupta, Alykhan Khan, Kubra Sait and Gaurav Pandey in key roles.

Produced by Banijay Asia, 'The Trial - Pyaar, Kaanoon, Dhokha' is directed by Suparn S. Varma and will be available to stream on Disney+ Hotstar from July 14.

## 3000 conditions and a marriage contract of 3 months

Captivating the hearts of audiences, Nakuul Mehta and Disha Parmar have revived the magic of Ram and Priya in the third season of Bade Acche Lagte Hain on Sony Entertainment Television. The ongoing chapter takes an unexpected turn when Ram and Priya agree to enter a marriage contract for 3 months, but list multiple conditions as part of this contract. From not changing her name after marriage to demanding that the toilet seat always be upwards, Priya makes it clear that there is no way she will ever fall for Mr Kapoor. In fact, she's amused by the notion that he is afraid that she will be attracted to him, going so far as to congratulate him on his confidence and sense of humor.

Their relatable conditions leave you feeling



fuzzy in the heart as you reminisce similar requests made in your relationships. Talking about the ongoing track, actor Disha Parmar, says, "What really appeals to me about RaYa is that they're just so relatable."

This show brings together multiple small moments, that each of us has experienced in our lives at some point and its these anecdotes that appeal to the audiences." As the story unfolds, viewers will witness the twists and turns that life has in store for them. Will their initial arrangement of just three months lead to something deeper and more profound? Only time will reveal.

Make sure to tune in to 'Bade Acche Lagte Hain 3' every Monday to Friday at 8:00 PM only on Sony Entertainment Television.

## Sony SAB artists express feelings on Yoga Day

Anjali Tatrari aka Anjuvika from Sony SAB's Vanshaj, "Yoga is like my secret escape from the crazy hustle and bustle of life. It's my way of recharging my mind, body, and soul, and it gives me a serious energy boost! When I hit that yoga mat, I find this incredible sense of calm and connection that helps me tackle anything that comes my way. It's a gentle reminder that caring for ourselves is non-negotiable, even when we're crazy busy. Even after a hectic shoot schedule for Vanshaj, I make it a point to find time to do yoga daily." Kaveri Priyam who plays Amrita Brar on Sony SAB's Dil Diyaan Gallaan, "I am a huge yoga lover. Come may whatever I ensure to do at least 30 minutes of yoga practice in a day. It's good



for the mind, body, and soul and allows me to step back and reflect on how I'm feeling. Even meditation for that matter, rejuvenates me and allows me to let go of everything overwhelming and unpleasant. This yoga day, we must all promise ourselves to take time out of our busy schedules and focus on our physical and mental well-being."

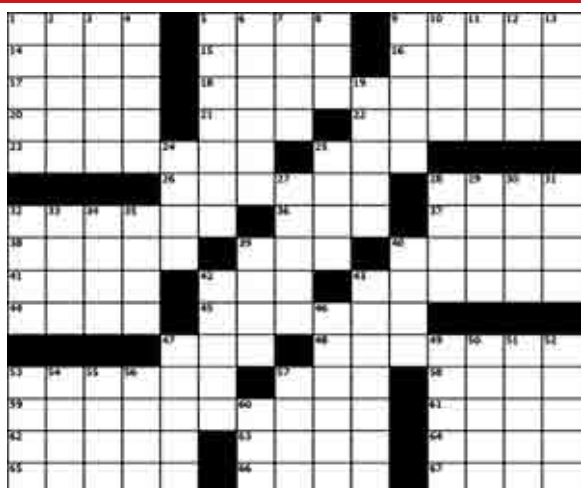
## Tom Cruise does death defying bike stunt in 'Mission Impossible - Dead Reckoning Part One'

Actor Tom Cruise-starrer action spy thriller 'Mission Impossible-Dead Reckoning Part One' premiered in Rome. The movie features some very detailed and elaborate stunt-work, one of which includes Cruise doing a death-defying stunt as he rides his bike off the edge of a cliff and does a parachute jump, which is among the film's highlights.

The seventh installment in the franchise, 'Dead Reckoning Part One' follows the events of 'Mission Impossible Fallout', where Ethan Hunt and his crew of secret agents have to save the world from a global nuclear catastrophe. The 2018 release has been the highest-grossing entry in the franchise yet, grossing \$792 million at the global box office.



## CROSSWORD

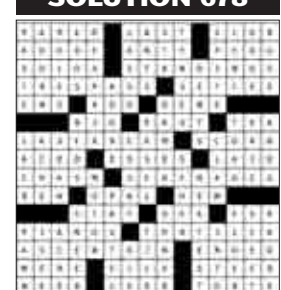
**679**

- 44. Norse god
- 45. Gasoline, in England
- 47. Former GI
- 48. Accompanies
- 53. President, e.g.
- 57. Select
- 58. Extra
- 59. Respect
- 61. Concept
- 62. Fiend
- 63. Different
- 64. Small rip
- 65. Night sound
- 66. Tinter
- 67. Lays turf

**DOWN**

- 1. Ralph \_\_\_\_\_ Emerson
- 2. Thinker \_\_\_\_\_ Newton
- 3. Basil sauce
- 4. Dined
- 5. Kenya's capital
- 6. Loafers
- 7. Young cow
- 8. Aussie creature
- 9. Performed
- 10. Roadsters
- 11. Deferred savings accts.
- 12. Memo
- 13. Secluded valley
- 19. Laziness
- 24. Appointment
- 25. Nibble
- 27. Reviewer Roger \_\_\_\_\_
- 28. Swindle
- 29. Folk knowledge

- 30. Perfume
- 31. Phi \_\_\_\_\_ Kappa
- 32. Scram!
- 33. Curved doorway
- 34. Comedian Jay \_\_\_\_\_
- 35. Impersonator
- 39. Run into
- 40. Bath powder
- 42. "Carmen," e.g.
- 43. Actor Kevin \_\_\_\_\_
- 46. Rest
- 47. Author Jules \_\_\_\_\_
- 49. Falls to include
- 50. Cowboys' contest
- 51. Tire pattern
- 52. Chars
- 53. Young men
- 54. Eve's home
- 55. Military supplies
- 56. Designer Christian \_\_\_\_\_
- 57. Slick
- 60. Turner or Koppel

**SOLUTION 678**

- ACROSS
- 1. Use a paper towel
- 5. Kind
- 9. Serving perfectly
- 14. Between continents
- 15. First man
- 16. Yuletide tune
- 17. Final
- 18. Draw pictures for a book
- 20. See socially
- 21. TKO caller
- 22. Decrease

- 23. Sandra Day \_\_\_\_\_
- 25. "In \_\_\_\_\_ We Trust"
- 26. Not present
- 28. Messy person
- 32. Deli sausage
- 36. "\_\_\_\_\_, humbug!"
- 37. Morse or ZIP
- 38. Crinkly cloth
- 39. Cat's sound
- 40. Fortuneteller's card
- 41. Common skin problem
- 42. Above, in poems
- 43. Snapshot taker

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## SAFF Championship

# India start firm favourite to land title

Bengaluru, Jun 20 (PTI):

Buoyed by the recent triumph in the Intercontinental Cup, the Indian football team will enter the SAFF Championship 2023 as a confident unit and look to extend its dominance in the tournament.

India will face Pakistan in their opening outing at the Sree Kanteerava Stadium on Wednesday, and the match is all set to be played as per schedule after the latter received their India visa on Monday night.

Placed low in the pecking order, Pakistan might not offer India a massive challenge but the Blue Tigers will be eager to start their campaign on a rousing note, and give other aspirants a strong message. Eight-time champions India are drawn into Group A alongside Nepal,



India Football team head coach Igor Stimac, Nepal team head coach Vincenzo Alberto (L) and Kuwait team head coach Rui Bento (R) during a press conference ahead of SAFF Championship, in Bengaluru, Tuesday, June 20.

Kuwait and Pakistan. The other competing teams are Lebanon, Maldives, Bhutan and Bangladesh who have been drafted into Group B.

The Intercontinental Cup victory will add to their desire to land another trophy to the cabinet. India had warded off

strong opponent Lebanon 2-0 on Sunday at the Kalinga Stadium to win the event.

It was India's first victory over Lebanon in 46 years and that skipper and No. 1 striker Sunil Chhetri managed to etch his name on the score sheet would boost Indians' morale.

## Bopanna, Ankita to spearhead Indian challenge in tennis at Asian Games

New Delhi, Jun 20 (PTI):

Doubles specialist Rohan Bopanna will once again be India's flag-bearer in the tennis event at the Asian Games as All India Tennis Association (AITA) on Tuesday announced a 12-member squad for the continental quadrennial games. The Asian Games will begin in Hangzhou on September 23.

Sumit Nagal -- who made his Asian Games debut in the 2018 edition competing in doubles alongside Ramkumar Ramanathan -- and Sasikumaran Mukund are the likely singles players in the side for the Games.

The 43-year-old Bopanna will most probably pair up with Ramkumar. Yuki Bhambri and Saketh Myneni, the other two players in the squad, are already playing as a pair on the ATP Tour.

The women's contingent will be led by 2018 Asian Games bronze medallist in



singles, Ankita Raina. The other members are in-form Karman Kaur Thandi, Rututaj Bhosle, Sahaja Yamlapalli, Vaidehi Chaudhari and Prarthana Thombare.

India had won a gold and two bronze medals at the 2018 Asian Games in Jakarta, where the Bopanna-Divij Sharan pair had defeated Kazakhstan's Alexander Publik and Denis Yevseyev to clinch the doubles gold. In the men's singles Prajnesh Gunneswaran had won

bronze in men's singles.

## Women's Emerging Asia Cup

Mong Kok, Jun 20 (PTI):

The India U-23 team will take on Bangladesh in the summit clash of the Women's Emerging Asia Cup after its semifinal against Sri Lanka was washed out without a ball being bowled here on Tuesday.

The semifinal fixture between India and Sri Lanka was originally scheduled for Monday but the match was postponed by a day due to rain.

In a bizarre run of events, India have played only one game in the run-up to the final, their opener against hosts Hong Kong, which they won by nine wickets. India's other three matches, including the semifinal against Sri Lanka, were washed out without a ball being bowled.

In fact, rain has played spoilsport, forcing as many as eight games to be washed out.

Bangladesh defeated Pakistan by six runs in the other semifinal on Tuesday to set up a summit clash with India on Wednesday.

## Chirag-Satwik rise to career-high World No 3

New Delhi, Jun 20 (PTI):

Fresh from winning their maiden Super 1000 men's doubles title, star Indian shuttlers Satwiksairaj Rankireddy and Chirag Shetty achieved a career-best world number three in the latest BWF ranking issued on Tuesday.

The Commonwealth Games gold medallists upstaged reigning world champions Aaron Chia and Soh Wooi Yik of Malaysia in straight games to win the Indonesia Open, becoming the first pair from the country to claim a Super 1000 event on Sunday.

The Indian duo is in the middle of a dream 2023 having won two World Tour titles already, besides the Swiss Open alongside a gold medal at the Asia Championships.

In men's singles, Kidambi Srikanth climbed three places to get into top-20 (world number 19), following Lakshya Sen closely on world number 18. Sen moved up by two notches.

HS Prannoy, who lost to



world number one Victor Axelsen in the semifinal, was the best-ranked Indian, holding on to his world ninth spot. Rising shuttler Priyanshu Rajawat also secured a career-high ranking of world number 30, jumping four places.

With Rajawat, four Indians figure inside top-30 in men's singles.

Double Olympic medalist PV Sindhu arrested her slide and moved up two places to world number 12 in women's singles while veteran Saina Nehwal rose to world number 31, moving up by one place.

# International Yoga Day

## Celebrating the Harmony of Mind and Body

International Yoga Day, celebrated on June 21st, is a global phenomenon that promotes the practice of yoga for holistic well-being. With its roots in ancient India, yoga has become a popular form of exercise and meditation worldwide. On this special day, people come together to raise awareness about the physical, mental, and spiritual benefits of yoga. From mass yoga sessions to workshops and demonstrations, International Yoga Day encourages individuals of all ages and backgrounds to embrace the practice. Yoga improves flexibility, strength, and mental clarity while reducing stress and anxiety. It fosters a sense of mindfulness and inner peace. This international celebration serves as a reminder to prioritize self-care and embrace a healthier, more balanced lifestyle through the practice of yoga.

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**MONSOON RAINS****Young women holding umbrellas to protect themselves from rains cross a road, in Bengaluru, Tuesday.****INT'L REFUGEE DAY****Displaced people from PoJK hold anti-Pak protest**

Jammu, June 20 (PTI):

Displaced people from Pakistan-occupied Jammu and Kashmir (PoJK) marked International Refugee Day on Tuesday by holding a protest against Pakistan here and demanding rehabilitation.

Led by SOS International, an organisation dedicated to the cause of more than 1.8 million people from PoJK, the protesters burnt a flag of Pakistan and raised slogans against the country during the demonstration.

Speaking to reporters, SOS International chairman Rajiv Chuni emphasised the need for the rehabilitation of PoJK refugees and the implementation of a package approved by the Jammu and Kashmir Cabinet back in October 2014.

The protesters called for equal facilities for all displaced individuals, comparable to those provided to migrants in the valley. Chuni recalled the history of the PoJK community, highlighting the "atrocities" committed by Pakistan in 1947. He expressed sorrow over the losses suffered by the community, including the displacement of families and the abandonment of their

properties. He called for the implementation of the 2014 rehabilitation package for them and the quota allocations for PoJK displaced people in professional colleges and government jobs. Panun Kashmir, an organisation of migrant Kashmiri Pandits, voiced its support for the families of minority community members who lost their lives in the recent terrorist attack in Dangri village of Rajouri district on the occasion. It expressed disappointment at the government's inability to bring the perpetrators of the Dangri terror attack to justice. Talking to reporters here, Ajay Chrungeo,

Chairman of Panun Kashmir, emphasised that the notion of defeating terrorism through tourism is a dangerous misconception propagated by the Union Territory administration and the central government. He stressed that terrorism can only be defeated by the military. "We are fully supporting the sentiments of the families of the Hindus killed in Dangri by terrorists who recently expressed their utter disappointment at the failure of the government of Jammu and Kashmir to bring the perpetrators of the massacre to justice," Chrungeo said.

**'Centre on high-alert for new Covid variants'**

New Delhi, Jun 20 (PTI):

**Union Minister for Health and Family Welfare Mansukh Mandaviya addresses the inauguration of the G20 Co-branded event, Health of Youth-Wealth of Nation, at Aerocity in New Delhi, Tuesday.**

COVID-19 is on the verge of becoming endemic but Indian scientists are keeping a close watch on each new variant and the government would continue to maintain a high alert, Union Health Minister Mansukh Mandaviya has said, underlining that the virus has managed to survive and is going to stay. In an exclusive video interview with PTI, the minister said the situation is stable now after more than three years of one of the worst pandemics to hit the world but all necessary measures would remain in place to guard against any variant that can prove to be deadly.

The deadly virus was first detected in China in late 2019 while the first case in India was reported

now stands at just about 1,800 with close to 99 per cent overall recovery rate and about 1 per cent fatality rate.

Only 36 new cases were reported on Tuesday, the lowest since March 2020 and minuscule in comparison to a record of over four lakh new cases reported in a day at the peak of the pandemic in May 2021 and again more than three lakh in January 2022.

Also, more than 220 crore doses of Covid vaccines have been administered in India with about 90 per cent of India's eligible population fully vaccinated.

"Covid is on the verge of entering the endemic stage (endemic ki kagaar pe hai) but our team of scientists at ICMR (Indian Council of Medical

Research) is keeping a close watch on each variant of Covid. Till now, more than 224 variants of Covid have been noticed in the country, continuous genome sequencing is being done for each variant," he said.

The minister said whenever a new variant is found, it is isolated and then tested for effectiveness of the vaccine and it is also measured how deadly it is.

"All of this is a continuous process and we keep closely tracking it so that we can guard against and be prepared against any variant in the future that can cause any destruction. The situation is stable as of now across the world and, keeping the future in mind, we are alert. But I would say that it is a virus and this virus is never

going to go away as it has managed to survive.

"Just like (the) influenza virus has survived somehow and whenever a new variant comes, people experience cough, fever, etc, but does not harm the people much, something similar will happen with Covid and largely that has happened now," the minister said.

According to experts, a disease is called endemic when its presence becomes constant, based on established patterns, in a population within a particular geographical area, as is the case with seasonal influenza.

Globally, more than 76 crore confirmed COVID-19 cases and nearly 69 lakh deaths have been reported so far while 1,340 crore vaccine doses have been administered.

**When Murmu's meeting with Vajpayee ensured constitutional recognition to Santhali language**

New Delhi, Jun 20 (PTI):

President Droupadi Murmu played a pivotal role in convincing then prime minister Atal Bihari Vajpayee to include her mother tongue Santhali in the Eighth Schedule in 2003 when she was a minister in the Odisha government, according to a new book.

India's first tribal president, who turns 65 on Tuesday, went out of her way to plead the case for constitutional recognition to Santhali, Bhubaneswar-based journalist Sandeep Sahu says

in his recent book 'Madam President: The Biography of Droupadi Murmu'.

Murmu did it all—be it talking to Chief Minister Naveen Patnaik numerous times or getting a resolution seeking the inclusion of Santhali language in the Eighth Schedule of the Constitution passed at a meeting of the Tribal Advisory Council meeting.

However, what clinched the deal for Murmu, minister in Odisha's BJD-BJP coalition government from 2000 to 2004, was her meeting with Vajpayee,

says the book.

Murmu, now the 15th president of India, felt the matter needed attention at the highest level of the Union government and approached M Kharavela Swain — the three-time BJP MP from Balasore constituency — to facilitate a meeting with Vajpayee.

Accompanied by Swain and her private secretary Bijay Nayak, she met Vajpayee and presented him a book titled "Santhali: The Base of World Languages" by Parimal Chandra Mitra. "Thanks to Kharavela

Bhai, we got an appointment with the PM in just 10 minutes. . . Vajpayee ji flipped through the book and muttered, 'Aacha (Good)' He was very impressed when I told him that unlike most Indian languages, Santhali has no 'matras' (vowel diacritic). He assured me that he would ensure its inclusion in the Eighth Schedule," the book quotes Murmu as saying in an interview.

Six months later, Santhali got constitutional recognition with its inclusion in the Eighth Schedule.

**Puri Maharaja sweeps chariots as part of Rath Yatra rituals**

Puri, Jun 20 (PTI):

Divya Singha Deb, the Gajapati Maharaja of Puri, on Tuesday ritually swept the chariots of Lord Jagannath and his two siblings, before they are ceremoniously pulled by devotees.

The titular king of Puri, clad in a spotless white attire and carried in a silver-plated palanquin, climbed up on the chariots one by one, and swept the floors of the chariots using a broom with a golden handle, as priests sprinkled flowers and fragrant water.

He first offered prayers at Lord Balabhadra's char-

iot Taladhvaj', then Lord Jagannath's Nadighosh' and finally Devi Subhadra's Darpadalan'.

According to norms, the titular king of Puri is informed about the deities having taken their places on the chariots through a messenger specially deputised by the temple officials. "The emperors of Orissa, beginning with the valiant Anantvarman Chodagangadeva in the 12th century, had declared themselves to be the "Rauta" (servant) of Lord Jagannath and ruled the land as His representative," the temple records said. After cleaning the

chariots by the titular king, known as "Chhera Pahanra", and his departure to the palace, the wooden horses — painted in brown, black and white colour — are fixed to the three chariots and later pulled by devotees.

Before that ritual, the Shankaracharya of Puri Swami Nischalananda Saraswati along with his selected disciple visited the chariots and offered puja. The ritual of a Maharaja sweeping the chariots gives a message that all are equal before the Lord, said Bhaskar Mishra, a researcher in the Jagannath cult.

**Man allowed by court to pay maintenance dues of Rs 55,000**

● In 1 and 2 rupee coins

Jaipur, Jun 20 (PTI):

In a bizarre case, a man was allowed by a court here to give Rs 55,000 in one and two rupee coins to his wife as maintenance dues for 11 months after his family brought the money filled in seven sacks to the court following his arrest for non-payment.

While the counsel for his wife objected to it, terming it "mental harassment", the judge allowed the payment but asked the man to count the coins in court to make packets of Rs 1000 each and hand them over to her at the next hearing on June 26, according to lawyers from both sides.

The couple's divorce case is being heard in a family court. The court had directed the husband, Dashrath Kumawat, to give the maintenance amount of Rs 5000 per month but he was not paying it for the last 11 months.

Dashrath, a resident of

Harmada area in Jaipur, was arrested on June 17 after family court number 1 issued a recovery warrant against him for non-payment of maintenance.

"Since the husband refused to give the amount, the police arrested him. The family court was closed due to holidays so he was produced in the link court of Additional District Judge (ADJ)-number 8.

"In the court, the family members of Dashrath reached with coins worth Rs 55000 to give to his wife," Raman Gupta, the advocate of the husband, told PTI on Tuesday.

He said that the coins were in the denomination Re 1 and Rs 2 and were stuffed in seven sacks.

The advocate of his wife objected to this, but it was argued on behalf of the husband that these coins are legal tender and no one can refuse to accept them.

"The court then allowed the husband to give the coins after counting them on the next hearing in the family

court on June 26. Till then, the coins will remain in the custody of the court. The husband will have to count the coins and make packets of Rs 1000 each before handing them over to the wife in the court," he said.

Wife Seema Kumawat's advocate Ramprakash Kumawat said that giving coins to the woman was "equal to mental harassment".

"It was done in a pre-planned manner just to harass the woman. However, the court has permitted him to give the coins," he said.

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